



DEVELOPMENTAL COACHING

Most human beings have the *capacity for evolving in consciousness*. Individuals grow and develop in a series of stages of consciousness, each one being essential for healthy adult development. This growth is continuous, for as long as we are alive and awake.

In addition to stages of growth, there are several separate areas that are developing somewhat independently such as neurological development, thinking capacity, moral development, interpersonal development, and so on. These are referred to as separate lines of consciousness.

What makes up the nature of each adult human being is how the many lines of development have traversed the stages of development from birth to adulthood.

When the conditions in a person's life are ideal, all lines are developing uniformly and all stages are completed in a timely manner and in a prescribed sequence. As you might imagine, this ideal evolution of a person's capacities is not how it really occurs. Some lines of development do not keep up with others, and some stages are not fully completed. For example, a person can be highly evolved in thinking capacity and less highly evolved in relationship skills.

The greatest problem that all humans face is that they don't know how this evolution of human consciousness operates. The work of developmental coaching is to help people understand this developmental process and put it into practice.

– Dan Petersen